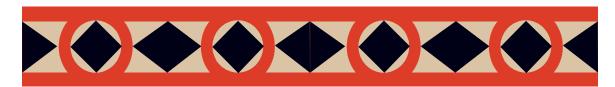


FIFTH GRADE PATHWAYS CONTENT STANDARDS FOR SOUTH DAKOTA

Pathways curriculum includes health-based lessons that also address core curricular concepts for third, fourth, and fifth grades. Those concepts have been matched to South Dakota content standards for science, math, social studies, communication arts, health, and physical education. The Content Standards files include these academic content standards identified as Lesson Objective, then Content Area, Indicator, and Bloom's Taxonomy Level.

Other objectives labeled as *Extending the Lesson* can be found at the end of many units. These additional objectives address academic content which is legitimately a part of the curriculum but were not originally identified by objectives. This was done to strengthen the academic connections in the curriculum.



Fifth Grade—Week 1—Part A Content Standards for fygrwk1A.pdf				
			Content Area/Goal	Indicator
		Level		
LESSON OBJECTIVE: Recall key Pathways co	LESSON OBJECTIVE: Recall key Pathways concepts from lessons taught in the third and fourth grades.			
Reading 1. Students are able to read at increasing levels of complexity for a variety of reasons.	1. Students are able to apply various reading strategies to comprehend and interpret text.	5.R.1.2 Application Apply comprehension strategies to construct meaning from literary and content area text.		
LESSON OBJECTIVE: Identify the Pathways	Nations and some of their foods on the Everyo	lay Foods poster.		
History	1. Analyze the chronology of various	5.H.1.1 Comprehension		
1. Students will understand the emergence and	historical eras to determine connections and	Compare and contrast various		
development of civilizations and cultures over	cause/effect relationships.	characteristics, which		
time and place.		distinguish specific time		
		periods in history.		
Health	2. Students will evaluate strategies for	5.3.2 Comprehension		
3. Students will understand the benefits of	achieving and maintaining personal health	Explain ways to achieve and		
practicing health-enhancing behaviors that	goals.	maintain good health.		
reduce health risks.				

Fifth Grade—Week 1—Part B Content Standards for fygrwk 1B ndf		
Indicator	Standard/Bloom's Taxonomy Level	
nportant facts about Everyday Foods.		
three Pathways Nations Foods that are also Everya	lay Foods.	
ays they can keep their family exercising everyday.		
2. Students will evaluate strategies for achieving and maintaining personal health goals.	5.3.2 Comprehension Explain ways to achieve and maintain good health.	
3. Students will advocate and support practices which promote a healthy community and environment.	5.5.3 Application Describe behaviors which support others in making healthy choices. Explore ways to advocate good health in families, schools, and communities.	
3. Students will participate regularly in physical activities that contribute to attainment of personal health-related fitness.	5.3.3 Comprehension Engage in on-going physical activity and encourage the participation of others.	
Extending the Lesson		
9	realthy life.	
 Students are able to use various listening and viewing strategies in social, academic, and occupational situations. Students are able to use strategies to retrieve, interpret, and evaluate ideas/information form 	 5.L.2.1 Analysis Apply and evaluate the appropriate listening behaviors in individual and group settings. 5.L.2.2 Evaluation Determine the importance of 	
	Indicator Important facts about Everyday Foods. In three Pathways Nations Foods that are also Everydays they can keep their family exercising everyday. 2. Students will evaluate strategies for achieving and maintaining personal health goals. 3. Students will advocate and support practices which promote a healthy community and environment. 3. Students will participate regularly in physical activities that contribute to attainment of personal health-related fitness. Extending the Lesson or her teachings in the culture about how to live a horizontal strategies in social, academic, and occupational situations. 2. Students are able to use strategies to retrieve,	

Fifth Grade—Week 2—Part A

Content Standards for fygrwk2A.pdf		
Content Area/Goal	Indicator	Standard/Bloom's Taxonomy Level
LESSON OBJECTIVE: Describe how to follow	v a Trail Course.	
Use the Mt. Pathways	Challenge Kit.	
Practice the Action Mo	ovements on a Mt. Pathways Challenge Course	?.
Physical Education 3. Students will participate in physical activity to achieve and maintain a health enhancing level of physical fitness.	2. Students will evaluate the health-related/fitness benefits resulting from participation in different forms of physical activity.	5.3.2 Comprehension Explore and share the results of on-going physical activity
	3. Students will participate regularly in physical activities that contribute to attainment of personal health-related fitness.	5.3.3 Comprehension Engage in on-going physical activity and encourage the participation of others.
Physical Education 5. Students will understand that physical activity provides opportunity for enjoyment, challenge, self-expression, social interaction, and employment.	1. Students will evaluate how physical activity serves as a vehicle to provide opportunities for self-expression and personal growth.	5.5.1 Application Participate in physical activity to experience enjoyment.
Health 5. Students will contribute to the health of their families, peers, schools, communities, and environments.	3. Students will advocate and support practices which promote a healthy community and environment.	5.5.3 Application Describe behaviors which support others in making healthy choices.

Fifth Grade—Week 2—Part B		
Conte	nt Standards for fvgrwk2B.pdf	
Content Area/Goal	Indicator	Standard/Bloom's Taxonomy Level
LESSON OBJECTIVE: Review and set a goal	to do a physical activity at least 30 minutes per	r day for four days.
Name three potential	barriers to achieving a physical activity goal.	
Demonstrate how to us	se the Mt. Pathways Challenge Kit to set up an	d complete a Trail Course.
Physical Education 3. Students will participate in physical activity to achieve and maintain a health enhancing level of physical fitness.	2. Students will evaluate the health-related/fitness benefits resulting from participation in different forms of physical activity.	5.3.2 Comprehension Explore and share the results of on-going physical activity.
	3. Students will participate regularly in physical activities that contribute to attainment of personal health-related fitness.	5.3.3 Comprehension Engage in on-going physical activity and encourage the participation of others.
Physical Education 5. Students will understand that physical activity provides opportunity for enjoyment, challenge, self-expression, social interaction, and employment.	1. Students will evaluate how physical activity serves as a vehicle to provide opportunities for self-expression and personal growth.	5.5.1 Application Participate in physical activity to experience enjoyment.
Health 5. Students will contribute to the health of their families, peers, schools, communities, and environments.	3. Students will advocate and support practices which promote a healthy community and environment.	5.5.3 Application Describe behaviors which support others in making healthy choices.

Fifth Grade—Week 3—Part A		
Cont	ent Standards for fvgrwk3A.pdf	
Content Area/Goal	Indicator	Standard/Bloom's Taxonomy Level
LESSON OBJECTIVE: Describe what is on a nutrition label.		
Identify recommended ways to know they are eating the right serving size of food.		
Health	2. Students will evaluate strategies for	5.3.2 Comprehension
3. Students will understand the benefits of	achieving and maintaining personal health	Explain ways to achieve and
practicing health-enhancing behaviors that	goals.	maintain good health.
reduce health risks.		
Health	2. Students will evaluate community, state,	5.2.2 Analysis
2. Students will access and evaluate health	regional, and global resources that provide	Compare the benefits of various
information, products, and services.	health services, products, and information.	types of health resources.

	th Grade—Week 3—Part B	
Content Standards for fygrwk3B.		
Content Area/Goal	Indicator	Standard/Bloom's Taxonomy Level
LESSON OBJECTIVE: Practice choosing a vo	nriety of foods from Everyday Foods in plann	ing balanced meals and snacks.
Choose a variety of fo	ods that provide no more than the recommend	ded grams of fat per day.
Identify the number o	f servings a day recommended from each food	d group on the Everyday Foods.
Health	1. Students will evaluate health-enhancing	5.3.1 Comprehension
3. Students will understand the benefits of practicing health-enhancing behaviors that reduce health risks.	behaviors which promote wellness.	Describe practices which promote life-long health and well being.
	2. Students will evaluate strategies for achieving and maintaining personal health	5.3.2 Comprehension
	goals.	Explain ways to achieve and maintain good health.
	Extending the Lesson	
LESSON OBJECTIVE: Estimate the amounts		nont
LESSON OBJECTIVE. Estimate the amounts	in a serving size and then verify by measuren	iem.
Number Sense	3. Develop conjectures, predictions, or	5.N.3.1 Application
4. Students will develop and use number sense	estimates to solve problems and verify or	Use different estimation
to investigate the characteristics of numbers in	justify the results.	strategies to solve problems
a variety of forms and modes of operation.		involving who numbers,
		decimals, and fractions to the
		nearest whole number.

Fifth Grade—Week 4—Part A Content Standards for fygrwk4A.		
LESSON OBJECTIVE: Review and identify bo	urriers to goal setting and doing physical activ	vities everyday.
Give support to peers i	in overcoming barriers.	
Health	1. Students will evaluate health-enhancing	5.3.1 Comprehension
3. Students will understand the benefits of practicing health-enhancing behaviors that reduce health risks.	behaviors which promote wellness.	Describe practices which promote life-long health and well being.
	2. Students will evaluate strategies for	
	achieving and maintaining personal health goals.	5.3.2 Comprehension Explain ways to achieve and maintain good health.
Health 5. Students will contribute to the health of their	3. Students will advocate and support practices which promote a healthy	5.5.3 Application Describe behaviors which
families, peers, schools, communities, and environments.	community and environment.	support others in making healthy choices.
		Explore ways to advocate good health in families, schools, and communities.
LESSON OBJECTIVE: Use letter writing to pr	cactice identifying and resolving barriers to be	eing physically active.
Health	3. Students will advocate and support	5.5.3 Application
5. Students will contribute to the health of their	practices which promote a healthy	Describe behaviors which
families, peers, schools, communities, and environments.	community and environment.	support others in making healthy choices.

Writing 1. Students will write effectively for different audiences and specific purposes.	4. Students are able to write across content areas to clarify and enhance understanding of information.	5.W.4.1 Application Use different sources, gather and organize information, and summarize in writing what is known about selected content area topics.
Writing 1. Students will write effectively for different audiences and specific purposes.	1. Students are able to use appropriate content, organization, form, and style in technical business, creative, and personal writing.	5.W.1.1 Application Use the writing process to produce narrative and descriptive pieces with clear organization focused topic and supporting detail.
Listening and Viewing 2. Students are able to use critical listening and viewing skills in various situations and for a variety of purposes.	1. Students are able to use various listening and viewing strategies in social, academic, and occupational situations.	5.L.1.1 Analysis Apply and evaluate the appropriate listening behaviors in individual and group settings.

Fifth Grade—Week 4—Part B Content Standards for fygrwk4B.		
Content Area/Goal	Indicator	Standard/Bloom's Taxonomy Level
LESSON OBJECTIVE: Discuss common barriers	that students their age have in trying to do active th	ings everyday.
Identify realistic approac	hes to overcoming barriers through practice.	
Health 3. Students will understand the benefits of practicing health-enhancing behaviors that reduce health risks.	Students will evaluate health-enhancing behaviors which promote wellness.	5.3.1 Comprehension Describe practices which promote life-long health and well being.
	2. Students will evaluate strategies for achieving and maintaining personal health goals.	5.3.2 Comprehension Explain ways to achieve and maintain good health.
Health 5. Students will contribute to the health of their families, peers, schools, communities, and environments.	3. Students will advocate and support practices which promote a healthy community and environment.	5.5.3 Application Describe behaviors which support others in making healthy choices. Explore ways to advocate good health in families, schools, and communities.
LESSON OBJECTIVE: Complete a Mt. Pathwa	Extending the Lesson nys Trail Challenge activity.	
Physical Education 3. Students will participate in physical activity to achieve and maintain a health enhancing level of physical fitness.	2. Students will evaluate the health-related/fitness benefits resulting from participation in different forms of physical activity.	5.3.2 Comprehension Explore and share the results of ongoing physical activity.
	3. Students will participate regularly in physical activities that contribute to attainment of personal health-related fitness.	5.3.3 Comprehension Engage in on-going physical activity and encourage the participation of others.

Extending the Lesson

$LESSON\ OBJECTIVE:\ Create\ a\ motivational\ poster\ using\ information\ from\ the\ student\ letters.$

Reading	4. Students are able to retrieve, analyze,	5.R.4.2 Application
1. Students are able to read at increasing levels	synthesize, and evaluate a variety of	Use information from a variety
of complexity for a variety of reasons.	informational texts.	of formats to make inferences
		and report conclusions.
Visual Art		5.1.3 Application
1. Students will understand and use visual arts		Use visual arts to communicate
as means for creative self-expression and		themes and concepts from other
interpersonal communication.		disciplines.

Fifth Grade—Week 5—Part A			
Content Standards for fygrwk5A.			
Content Area/Goal	Indicator	Standard/Bloom's Taxonomy Level	
LESSON OBJECTIVE: Name at least three he	ealthy ways of cooking Pathways Nations Foo	ds.	
Name and taste at leas	st one Pathways Nation Food.		
Health	1. Students will evaluate health-enhancing	5.3.1 Comprehension	
3. Students will understand the benefits of practicing health-enhancing behaviors that reduce health risks.	behaviors which promote wellness.	Describe practices which promote life-long health and well being.	
	2. Students will evaluate strategies for		
	achieving and maintaining personal health goals.	5.3.2 Comprehension Explain ways to achieve and maintain good health.	
	Extending the Lesson		
LESSON OBJECTIVE: Name some of the transparents.	aditional foods, games, and health practices o	f their Great-Great-	
History	2. Evaluate the influence of varying values	5.1.2 Comprehension	
1. Students will understand the emergence and development of civilizations and cultures over time and place.	and philosophies on the development of civilizations and cultures.	Explore the beliefs, values, and customs of various societies.	

Fifth Grade—Week 5—Part B Content Standards for fygrwk5B.				
			Content Area/Goal	Indicator
LESSON OBJECTIVE: Set a goal to choose lo	LESSON OBJECTIVE: Set a goal to choose lower fat foods and no sugar-added beverages.			
Health 3. Students will understand the benefits of practicing health-enhancing behaviors that reduce health risks.	1. Students will evaluate health-enhancing behaviors which promote wellness.	5.3.1 Comprehension Describe practices which promote life-long health and well being.		
	2. Students will evaluate strategies for achieving and maintaining personal health goals.	5.3.2 Comprehension Explain ways to achieve and maintain good health.		
LESSON OBJECTIVE: Identify the amount of fat using a Nutrition Facts label on a food package.				
Health 2. Students will access and evaluate health information, products, and services.	1. Students will evaluate community, state, and regional health agencies/services.	5.2.1 Application Compare the benefits of various types of health resources.		
Reading 1. Students are able to read at increasing levels of complexity for a variety of reasons.	4. Students are able to retrieve, analyze, synthesize, and evaluate a variety of informational texts.	5.R.4.2 Application Use information from a variety of formats to make inferences and report conclusions.		

Extending the Lesson

LESSON OBJECTIVE: Create an algebraic expression for totaling and comparing amount of fat consumed with recommendation for fat intake.

- 1. Students will use the language of algebra to explore, describe, represent, and analyze number expressions and relations that represent variable quantities.
- 2. Use a variety of algebraic concepts and methods to solve equations and inequalities.
- 3. Interpret and develop mathematical models.
 - ...1

Algebra

- 1. Students will use the language of algebra to explore, describe, represent, and analyze number expressions and relations that represent variable quantities.
- 3. Interpret and develop mathematical models.

5.A.2.1 Application

Write one-step first degree equations using the set of whole numbers and find a solution.

5.A.3.1 Application

Write and solve number sentences that represent twostep word problems using whole numbers.

5.A.3.2. Application

Identify information and apply it to a given formula.

	Fifth Grade—Week6—PartA Content Standards for fygrwk6A.	
Content Area/Goal	Indicator	Standard/Bloom's Taxonomy Level
LESSON OBJECTIVE: Independently choose an ex	xercise for another class.	
Work with a team to lead y	ounger students in exercise breaks of American In	ndian games.
Independently choose an a	activity to do with family members.	
Health 2. Students will access and evaluate health information, products, and services.	1. Students will evaluate community, state, and regional health agencies/services.	5.2.1 Application Compare the benefits of various types of health resources.
Physical Education 3. Students will participate in physical activity to achieve and maintain a health enhancing level of physical fitness.	2. Students will evaluate the health- related/fitness benefits resulting from participation in different forms of physical activity.	5.3.2 Comprehension Explore and share the results of on-going physical activity.
Physical Education 5. Students will understand that physical activity provides opportunity for enjoyment, challenge, self-expression, social interaction, and employment.	1. Students will evaluate how physical activity serves as a vehicle to provide opportunities for self-expression and personal growth.	5.5.1 Application Interact positively with peers while participating in physical activities.
	Extending the Lesson	
LESSON OBJECTIVE: Compare changing beliefs to now.	about leadership, family, and friends from the time	e of your great-great-grandparents
Describe how to play tradi	tional American Indian games.	
History 1. Students will understand the emergence and development of civilizations and cultures over time and place.	2. Evaluate the influence of varying values and philosophies on the development of civilizations and cultures.	5.H.1.2 Evaluation Explore the beliefs, values, and customs of various societies.

Fifth Grade—Week 6—Part B		
	Content Standards for fvgrwk6B.	
Content Area/Goal	Indicator	Standard/Bloom's Taxonomy Level
LESSON OBJECTIVE: Read a nutrition label and	d determine the amount of sugar in a beverage.	
Health 2. Students will access and evaluate health information, products, and services.	1. Students will evaluate community, state, and regional health agencies/services.	5.2.1 Application Compare the benefits of various types of health resources.
Reading 1. Students are able to read at increasing levels of complexity for a variety of reasons.	4. Students are able to retrieve, analyze, synthesize, and evaluate a variety of informational texts.	5.R.4.2 Application Use information from a variety of formats to make inferences and report conclusions.
LESSON OBJECTIVE: Complete their fourth trail	course.	
Physical Education 3. Students will participate in physical activity to achieve and maintain a health enhancing level of physical fitness.	2. Students will evaluate the health-related/fitness benefits resulting from participation in different forms of physical activity.	5.3.2 Comprehension Explore and share the results of ongoing physical activity.
	3. Students will participate regularly in physical activities that contribute to attainment of personal health-related fitness.	5.3.3 Comprehension Engage in on-going physical activity and encourage the participation of others.
Physical Education 5. Students will understand that physical activity provides opportunity for enjoyment, challenge, self-expression, social interaction, and employment.	1. Students will evaluate how physical activity serves as a vehicle to provide opportunities for self-expression and personal growth.	5.5.1 Application Participate in physical activity to experience enjoyment.
Health 5. Students will contribute to the health of their families, peers, schools, communities, and environments.	3. Students will advocate and support practices which promote a healthy community and environment.	5.5.3 Application Describe behaviors which support others in making healthy choices.

Fifth Grade—Week7—Part A Content Standards for fygrwk7A.		
LESSON OBJECTIVE: Follow procedures to taste a variety of fruit and vegetable snacks in the classroom.		
Listening 2. Students are able to use critical listening and viewing skills in various situations and for a variety of purposes.	Students are able to use various listening and viewing strategies in social, academic, and occupational situations. Students will advece and support.	5.L.1.1 Analysis Apply and evaluate the appropriate listening behavior in individual and group settings.
Health 5. Students will contribute to the health of their families, peers, schools, communities, and the environment.	3. Students will advocate and support practices which promote a healthy community and environment.	5.5.3 Comprehension Describe behaviors which support others in making healthy choices.
LESSON OBJECTIVE: Use the nutrition label to select foods that are low in fat.		
Health 3. Students will understand the benefits of practicing health-enhancing behaviors that reduce health risks.	2. Students will evaluate strategies for achieving and maintaining personal health goals.	5.3.2 Comprehension Explain ways to achieve and maintain good health.
Reading 1. Students are able to read at increasing levels of complexity for a variety of reasons.	4. Students are able to retrieve, analyze, synthesize, and evaluate a variety of informational texts.	5.R.4.2 Application Use information from a variety of formats to make inferences and report conclusions.

Fifth Grade—Week7—Part B			
Con	Content Standards for fvgrwk7B.		
Content Area/Goal	Indicator	Standard/Bloom's Taxonomy Level	
LESSON OBJECTIVE: Set Goal #3 for choo	sing fruits and vegetables.		
Health 3. Students will understand the benefits of practicing health-enhancing behaviors that reduce health risks. LESSON OBJECTIVE: Plan for a presentation	 Students will evaluate strategies for achieving and maintaining personal health goals. Students will evaluate the role of personal responsibility in health-related decisions. n of a favorite Pathways activity.	 5.3.2 Application Determine personal health progress and make adjustments for improvement. 5.3.3 Analysis Determine the role of personal responsibility in health-related decision-making. 	
Health 5. Students will contribute to the health of their families, peers, schools, communities, and environments.	3. Students will advocate and support practices which promote a healthy community and environment.	4.5.3 Application Describe behaviors which support others in making healthy choices. Explore ways to advocate good health in families, schools, and communities.	
Speaking 3. Students are able to speak effectively in a variety of formal and informal situations.	2. Students are able to use appropriate language and presentation style for formal and informal situations.	5.S.2.1 Application Support informational and dramatic communication through the use of various presentation strategies and tools.	

Fifth Grade—Week8—Part A Content Standards for fygrwk8A.			
			Content Area/Goal
LESSON OBJECTIVE: Recognize and understand	the O'odham Man in the Maze.		
History 1. Students will understand the emergence and development of civilizations and cultures over time and place.	2. Evaluate the influence of varying values and philosophies on the development of civilizations and cultures.	5.H.1.2 Comprehension Explore the beliefs, values, and customs of various societies.	
LESSON OBJECTIVE: Describe why sharing what	LESSON OBJECTIVE: Describe why sharing what they have learned is important.		
Health 5. Students will contribute to the health of their families, peers, schools, communities, and environments.	3. Students will advocate and support practices which promote a healthy community and environment.	5.5.3 Application Describe behaviors which support others in making healthy choices. Explore ways to advocate good health in families, schools, and	
	Extending the Lesson	communities.	
LESSON OBJECTIVE: Interview an elder to hear of		a healthy life.	
Prepare to share the story of	and/or symbol at a Show and Tell event.		
History 1. Students will understand the emergence and development of civilizations and cultures over time and place.	2. Evaluate the influence of varying values and philosophies on the development of civilizations and cultures.	5.H.1.2 Comprehension Explore the beliefs, values, and customs of various societies.	
Listening 2. Students are able to use critical listening and viewing skills in various situations and for a variety of purposes.	1. Students are able to use various listening and viewing strategies in social, academic, and occupational situations.	5.L.1.1 Analysis Apply and evaluate the appropriate listening behavior in individual and group settings.	
Speaking 3. Students are able to speak effectively in a variety of formal and informal situations.	2. Students are able to use appropriate language and presentation style for formal and informal situations.	5.S.2.1 Application Support informational and dramatic communication through the use of various presentation strategies and tools.	

Fifth Grade—Week8—Part B			
	Content Standards for fygrwk8b.		
Content Area/Goal	Indicator	Standard/Bloom's Taxonomy Level	
LESSON OBJECTIVE: Finalize the demonstration	n for others on key activities in Pathways.		
Health 5. Students will contribute to the health of their families, peers, schools, communities, and environments.	3. Students will advocate and support practices which promote a healthy community and environment.	4.5.3 Application Describe behaviors which support others in making healthy choices. Explore ways to advocate good health in families, schools, and communities.	
Speaking 3. Students are able to speak effectively in a variety of formal and informal situations.	2. Students are able to use appropriate language and presentation style for formal and informal situations.	5.S.2.1 Application Support informational and dramatic communication through the use of various presentation strategies and tools.	
LESSON OBJECTIVE: Complete the Green Bead T	Trail, the final Pathways Challenge Trail.		
Physical Education 3. Students will participate in physical activity to achieve and maintain a health enhancing level of physical fitness.	2. Students will evaluate the health-related/fitness benefits resulting from participation in different forms of physical activity.	5.3.2 Comprehension Explore and share the results of ongoing physical activity.	
	3. Students will participate regularly in physical activities that contribute to attainment of personal health-related fitness.	5.3.3 Comprehension Engage in on-going physical activity and encourage the participation of others.	

Extending the Lesson LESSON OBJECTIVE: Use the pony beads earned in the Pathways Challenge Trail to create a traditional design celebrating completion.		
Visual Arts 3. Students will understand the relationship between visual arts and history, culture, and society.	5.3.1 Analysis Investigate how the visual arts record, preserve and highlight history.	
	Investigate ways the visual arts reflect and influence the culture and societies in which they are created.	